Healthy Georgia

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UGA Extension is here for you during the ongoing crisis



UGA Extension continues to do what it has been doing for more than 100 years — helping farmers, families and communities find research-based solutions to their most pressing problems.

With the ongoing COVID-19 crisis, employees are having to be creative and innovative with programing while continuing to serve the puC6ID-19 cr6puC6ID-1 $-4.06\,39-30313-$

COVID-19

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the health and well-being of our employees, partners and clients. All face-to-face programing and events, including 4-H activities, have been canceled or postponed at least through April.

County Extension offices are currently closed and all employees are teleworking. For specific details and local contact information, visit extension.uga.edu/county-offices. The primary Extension website, extension.uga.edu, has information and publications about hundreds of topics. If you cannot find what you need, contact us and we will follow up with you.

If the need arises to for an on-site visit to diagnose a disease or pest or troubleshoot a problem, employees are still available to help. Agents and specialists will work out a safe way to look at the issue and get an answer for you.

Many of our clients are already accustomed to contacting our agents directly, and we encourage clients to continue doing so. While it is not at all business as usual, we want to assure you UGA Extension is committed to doing all we can to be a part of the solution in this unique situation.

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Georgia 4- H offers free daily lessons to help homebound students, parents

Senior public relations coordinator, College of Agricultural and Environmental Sciences



The Georgia 4- H program is delivering daily online activities to help parents and to continue providing youth development resources to children across the state. Lessons on a host of topics are being emailed daily, covering agriculture, health and wellness, snack ideas, and community- service projects.

The daily activities can be completed at home with common household items. The free lessons are geared for youth ages 5 to 18 and 4- H membership is not required. To register to receive the lessons, go to bit.ly/PluggedIn4H.

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Takeout is a low-risk food option during the pandemic

Director of communications, College of Family and Consumer Sciences

As restaurant owners have moved to food delivery and curbside takeout services in response to COVID-19 concerns, many customers have wondered how safe the practice is.

According to the U.S. Food and Drug Administration, foodborne exposure to the virus is not known to be a route of transmission, and there have been no reports of transmission via food or food packaging.

Takeout is a good choice to lower risk of exposure because it reduces the number of touch points relative to eating in a restaurant, said Elizabeth Andress, a UGA Extension food safety specialist in the College of Family and Consumer Sciences.

"Current evidence shows that people are thought to be the most contagious when they are symptomatic, but this virus may also be spread by people before they show symptoms," Andress said. "It is important for all at this time to avoid close contact with one another — maintain 6 feet of distance. In addition, food businesses should be following employee health policies and local health department recommendations to keep individuals showing any symptoms home."



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