



### Pork Facts

The average American will eat the equivalent of 28 pigs in their lifetime.

Pork tenderloin cuts are almost as lean as

field Ham" that had a unique curing process and handcrafted approach. It won world wide acclaim as the centerpiece of holiday meals and other special occasions. breakfast sausage and pre-

They now have many pork products including: bacon, pork loins, pork chops, ham steaks, ground pork, sausage, lunchmeat and more. They have even recently created anytime favorites like, frozen

The *Georgia National Fair* kicks-off on October 4, 2018. This year both Upton and Lamar have kids participating in the Heifer Show, Lamb Show, Hog Show and Working the Baby Barn Exhibit. You can find information about the fair on their website.

[www.georgianationalfair.com](http://www.georgianationalfair.com)

We will be having another *Lunch 'N Learn* at the Barnesville-Lamar Library on October 15, 2018 from 10:30am-12:30pm. Be on the lookout for information about the lesson on our website, Facebook page, in the newspapers and through our email listserv.

**RSVP by October 12, 2018**

The Sunbelt Expo will be October 16th through 17th, in Moultrie, GA. It will be a



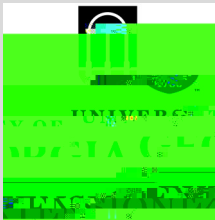
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## What is UGA Extension?

Through county offices throughout the state, University of Georgia Cooperative Extension offers reliable information and programs in the areas of agriculture, food, families, the environment and 4-H youth development. Let us help you learn, grow and do more!



<http://extension.uga.edu/county-offices/upson.html>  
or  
<http://extension.uga.edu/county-offices/lamar.html>

## AG Comic of the Month

