Zucchini Casserole

1 pound ground turkey sausage

1 small onion, diced

3 small zucchini, diced

3 small yellow squash, diced

2 medium potatoes, peeled and diced

1 can Italian diced tomatoes

Salt and pepper, to taste

Shredded cheese, optional

Directions:

- 1. Brown sausage and onion together in a skillet; drain. Mix all ingredients together and place in a casserole dish. Top with cheese, if desired.
- 2. Cover with foil and bake at 350 degrees for 60 minutes.