

#1 on the pack

Mark all...  
If using... bags because

Pack a daily change of clothes as a minimum. It is best to pack comfortable clothes and a variety of  
undergarments (including...  
Bring two dirty clothes, one for...  
Shorts and T-shirt...  
Pack older clothes...  
Pack shorts that...

Clothes will get wet, so pack extra socks and underwear – more than you would normally need.  
Blisters are a problem. Encourage campers to wear dry socks and shoes to prevent blisters.  
Wearing wet shorts and underwear will cause a painful rash. Educate your child about this.

Comfortable shoes or sandals are a must. Don't take new shoes or sandals to camp.  
Closed-toe shoes are required for the high-ropes course.  
Comfortable sandals with heel straps or crocs are okay if the heel strap is worn on the heel.  
Pack shoes to keep dry (tennis shoes for running around, hiking, climbing, and other times).  
Pack shoes that can get wet (old shoes, water shoes or sturdy sandals with a heel strap).  
Flip flops and sandals that are just flip flops with a heel strap are qes

Shirts

Shorts

Underwear

Socks

Extra socks

Swimsuit or swim trunks

Rain jacket

Sunglasses or eyeglasses

Hat

Sandals (sturdy sandals or crocs with a heel strap) or old tennis shoes that can get wet

Tennis shoes or other comfortable shoes to keep dry

Sleeping bag (an inexpensive sleeping bag will work for her)